

## Healthy Balance Honey Nut Granola

### Ingredients:

- 4 cups rolled oats
- 1 cup sliced plain almonds
- 1 cup chopped plain pecans
- 1/3 cup canola oil or Extra Virgin Olive Oil
- ½ cup honey or pure maple syrup
- 1 teaspoon vanilla extract
- 1 tablespoon ground cinnamon or nutmeg

### Directions:

Preheat oven to 300 degrees F. In a large bowl, stir oats and nuts together. In a separate bowl, mix together oil, honey, vanilla and cinnamon. Mix both bowls of ingredients together. Spread onto two ungreased baking sheets.

Bake in preheated oven for 10 minutes, remove from oven and stir. Return to oven and continue baking until golden brown, about another 10 minutes. Remove from oven and let cool before storing.